

## Course snapshot

COURSE TITLE	Clinical Assessment for School Nurses
VALUE FOR ORGANISATIONS	In this two-day workshop, nurses will develop the skills and knowledge required to work as a school nurse. In the workshop, individuals will participate in a range of scenarios and practical skills activities based on common presentations in the school environment.
UNITS OF COMPETENCY	NA
COST	\$950 (Inc.GST)
PRE-READING	NA
DELIVERY & ASSESSMENT	Two day face-to-face workshop.
ESTIMATED HOURS OF STUDY	15 hours of active learning.
CPD HOURS	As a general guide, one (1) hour of active learning equates to one (1) hour of CPD. It is the responsibility of the individual student to calculate how many hours of active learning have been completed. The hours of active learning estimated above should act as a guide to CPD hours.
ENTRY REQUIREMENTS	Entrants to the Clinical Assessment for School Nurses would ideally work in the school nursing sector or be looking to explore a career in school nursing.
	Relevant roles would include: Registered and Enrolled Nurses, Nurse Practitioners & Aboriginal and Torres Strait Islander Health Practitioners.
TERMS AND CONDITIONS	Visit benchmarquegroup.com.au/terms-and-conditions View Student Handbook

### Course Summary

School nurses provide a unique service within the healthcare industry delivering a complex range of services to students, staff and the broader school community. A vast majority of school nurses work as solo practitioners delivering high-quality outcomes that span the physical, emotional and mental health of young adults and staff.

The 2-day workshop is an opportunity to build a range of skills and knowledge that can be immediately applied to the practice of School Nursing. The course is built from the key principle of the Secondary School Nursing Program which understands that nurses:

- Play a key role in reducing negative health outcomes and risk-taking behaviours
- Focus on prevention of ill health and problem behaviours by ensuring coordination between the school and community-based health
- Support the school community in addressing contemporary health and social issues
- Provide appropriate primary health care through professional clinical nursing, including assessment, care, referral and support
- Establish collaborative working relationships between primary and secondary school nurses

#### **Course Content**

The course covers a range of knowledge and skills specifically designed for nurses working in the school environment.

The course starts by exploring the following foundational topics including:

- Building rapport
- Creating a safe space for connection
- Gaining permission to explore further
- Understanding and explaining reporting requirements without losing trust

The course then moves onto a range of clinical skills including:

- Primary and Secondary Assessment
- Mouth and teeth, eye and nose injuries
- Head injuries (moderate to severe)
- Concussion protocols
- Soft tissue injuries
- Suspected fractures
- Respiratory Assessment
- Stings and envenomation
- Wound management
- Pain management and pain relief
- Dehydration
- Suspected drug use
- Self-harm
- Running a health service
- Policies, procedures, equipment and care plans
- Self-care for School Nurses

## **Learning Outcomes**

On successful completion of the course, school nurses will have a range of skills and knowledge that can be implemented immediately. The learning outcomes include:

- Creating a safe space for student engagement
- Clinical skills practice
- Clinic setup and Nursing self-care

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