



**Diabetes  
Management  
Workshop**  
COURSE INFORMATION

## Course snapshot

<b>COURSE TITLE</b>	<b><u>Diabetes Management Workshop</u></b>
<b>VALUE FOR ORGANISATIONS</b>	In this one-day workshop, students receive up to date information and best practice knowledge on Diabetes education, inclusive of Type 1, Type 2, and Gestational Diabetes. It has been developed specifically to meet the needs of individuals who support patients with, or at risk of developing, Diabetes.
<b>UNITS OF COMPETENCY</b>	NA
<b>COST</b>	\$500
<b>PRE-READING</b>	NA
<b>DELIVERY &amp; ASSESSMENT</b>	<p>The Diabetes Management Workshop is delivered as a one day, in-person workshop and includes a range of scenarios and practical skills activities.</p> <p>The Diabetes Management Workshop is delivered as a one day, in-person workshop and students will be assessed by a qualified and endorsed trainer as part of the workshop.</p> <p>Additional resources are provided to the student via the accessIQ digital resource library but no additional assessment is required by the student on completion of the workshop.</p>
<b>ESTIMATED HOURS OF STUDY</b>	8 hours of active learning.
<b>CPD HOURS</b>	As a general guide, one (1) hour of active learning equates to one (1) hour of CPD. It is the responsibility of the individual student to calculate how many hours of active learning have been completed. The hours of active learning estimated above should act as a guide to CPD hours.
<b>ENTRY REQUIREMENTS</b>	To view entry requirements please refer to the next page.
<b>TERMS AND CONDITIONS</b>	<a href="https://benchmarkgroup.com.au/terms-and-conditions">Visit benchmarkgroup.com.au/terms-and-conditions</a> <a href="#">View Student Handbook</a>

## Course summary

Nurses and other health professionals working in the primary healthcare setting are key providers of diabetes care and education. To achieve quality health outcomes, they must possess sufficient baseline knowledge and skills to support people living with or at risk of developing diabetes.

The Diabetes Management Workshop delivers a range of practical and current skills to enable the delivery of diabetes treatment and management in the primary healthcare setting.

Current knowledge and skills enhances diabetic self-care knowledge and practice which in turn improves clinical and psychological outcomes and quality of life.

## Course entry requirements

Entrants to the Diabetes Management Workshop would ideally work in the primary healthcare setting supporting patients with or at risk of developing diabetes.

Relevant roles would include:

- Registered and Enrolled Nurses
- Nurse Practitioners
- Aboriginal and Torres Strait Islander Health Practitioners and workers

## Course content

This Workshop is designed to support nurses, Aboriginal and Torres Strait Islander Health Practitioners and workers and other health professionals to better support patients with or at risk of developing diabetes.

The course covers critical knowledge areas such as pathophysiology, medications and injection techniques, blood glucose monitoring, screening and referral pathways.

## Learning outcomes

The workshop is designed to provide a broad range of skills and knowledge that can deliver immediate results for patients. The learning outcomes include:

- Refresh knowledge on the pathophysiology of diabetes and different types of diabetes mellitus.
- Describe common diabetes medications, their actions, side effects and contraindications.
- Discuss insulin therapy, including different modes of actions and the education to offer clients around insulin administration.
- Demonstrate an understanding of hypoglycaemia, hyperglycaemia and diabetic ketoacidosis.
- Review principles of Blood Glucose Monitoring and the education to offer to clients regarding this.
- Explore psychological impact of living with diabetes.
- Understand your local diabetes care pathways.

## About accessIQ

We are paving the way for innovative and easy online learning through our bespoke online course and assessment platform, accessIQ.

- Study anywhere, anytime
- Edit saved answers, review before submitting
- Live student console – tracks assessment, enrollments and waitlists
- Access statement of results and resource library.

# About Benchmark Group

Benchmark Group is a Registered Training Organisation (RTO 21824) delivering a range of clinical skills courses to meet the needs of a broad range of health professionals across Australia.

As an RTO working in the health sector, our focus is on the delivery of courses designed to provide healthcare professionals with the opportunity to expand their skills and careers. We concentrate on skills and knowledge that can be immediately implemented in a vocational context.

Skills learnt today can be used tomorrow.



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