



Benchmark
Group



Foundation of Chronic Disease

COURSE INFORMATION



Course snapshot

COURSE TITLE	Foundations of Chronic Disease
COURSE SUMMARY	The Foundations of Chronic Disease course aims to provide students with the skills and knowledge required to provide foundation chronic disease education, understand the burden of chronic disease and the impact on Australia, identify chronic disease models and the tools and resources used in managing chronic conditions in the primary health care arena.
VALUE FOR ORGANISATIONS	Build an important base level of knowledge for chronic disease management in primary care, the healthcare impact and burden, and enable progression in further specific disease-state learning.
UNITS OF COMPETENCY	NA
COST	Free course
PRE-READING	There is no pre-reading for this course
DELIVERY & ASSESSMENT	Online learning and assessment via accessIQ
ESTIMATED HOURS OF STUDY	10 hours of active learning.
CPD HOURS	As a general guide, one (1) hour of active learning equates to one (1) hour of CPD. It is the responsibility of the individual student to calculate how many hours of active learning have been completed. The hours of active learning estimated above should act as a guide to CPD hours.
ENTRY REQUIREMENTS	Aboriginal and/or Torres Strait Islander Health Worker or Practitioners, Registered Nurses, Enrolled Nurses General Practitioners, General Practice Registrars, Allied Health Workers, Social and Emotional Wellbeing Workers and others on application.
TERMS AND CONDITIONS	Visit benchmarkgroup.com.au/terms-and-conditions View Student Handbook

Course outline

The Foundations of Chronic Disease course aims to provide students with foundation knowledge and has been designed for professionals new to the field of chronic disease management.

The course explores a range of topics including the burden of chronic disease globally and locally, understanding the patient journey and communication styles to enhance health literacy, understanding the use and appropriateness of prevention and prevention tools, identifying readiness for change and health behaviours, and the role of health data to inform service delivery.

Course outcome

Upon successful completion of the course students should have the ability to:

- Understand the definition and burden of chronic disease
- Understand the influencing factors on health
- Identify modifiable and non-modifiable risk factors
- Understand the patient journey and link to coordinated care, cultural safety, health literacy, and communication styles
- Identify the need for prevention and the use of prevention tools
- Understand the role of primary healthcare in care coordination and chronic disease management

Course content

Fully online course consisting of blended learning including knowledge information, articles, learning videos and self reflection activities.

The course includes detailed information on the determinants of health, Aboriginal and/or Torres Strait Islander health, chronic disease frameworks, the patient journey, health literacy, and chronic conditions.

Course structure

This course is conducted fully online. Students are taken through content learning which is supported by a Formative Assessment. A Formative Assessment occurs during the learning process and gives opportunities for students to implement feedback immediately.

About accessIQ

We are paving the way for innovative and easy online learning through our bespoke online course and assessment platform, accessIQ.

- Study anywhere, anytime
- Edit saved answers, review before submitting
- Live student console – tracks assessment, enrollments and waitlists
- Access statement of results and resource library.

About Benchmark Group

Benchmark Group is a Registered Training Organisation (RTO 21824) delivering a range of clinical skills courses and courses to meet the needs of a broad range of health professionals across Australia.

As an RTO working in the health sector, our focus is on the delivery of courses designed to provide healthcare professionals with the opportunity to expand their skills and careers. We concentrate on skills and knowledge that can be immediately implemented in a vocational context.

Skills learnt today can be used tomorrow.



For Further information contact:

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